

# Anxiety-based school avoidance pathway for Kent



## **Phase 1:**

General ABSA awareness training & resource pack. Access through: Kent CPD Online | Home Page ([theeducationpeople.org](https://theeducationpeople.org))

## **Phase 2:**

ABSA Case Consultations. Access through Kent CPD online. (See below for dates)

## **Phase 3:**

**Direct CBT intervention with CYP.**  
**Specific criteria apply.**  
(Access through local district via LIFT Executive)

# Training dates

All training booked through Kent CPD online

## Term 1

Phase 1 general awareness training:

- 15/09/22 9.30-11.00 am

Phase 2 case consultation:

- 12/10/22 9.30-11.00 am

## Term 2

Phase 1 general awareness training:

- 02/11/22 3.30-5.00pm

Phase 2 case consultations:

- 06/12/22 9.30-11.00am (West schools)

- 07/12/22 3.30-5.00pm (East schools)

## Term 3

Phase 1 general awareness training:

- 17/01/23 3.30-5.00pm

Phase 2 case consultations:

- 24/01/23 9.30-11.00am (North schools)

- 25/01/22 3.30-5.00pm (South schools)

## Term 4

Phase 1 general awareness training:

- 09/03/23 9.30-11.00am

## Term 5

Phase 1 general awareness training:

- 10/05/23 3.30-5.00

**Further case consultations to be booked through local district via LIFT executive**

# Online support services

## *Kent Resilience Hub*

[Kentresiliencehub.org.uk](http://Kentresiliencehub.org.uk)



A resource that helps young people, parents and carers, staff and practitioners to understand emotional wellbeing and resilience.

## *SEND Information Hub*

[www.kent.gov.uk/education-and-children/special-educational-needs](http://www.kent.gov.uk/education-and-children/special-educational-needs)



Guidance and support for parents of children with special educational needs.

## *Mind Ed*

<https://www.minded.org.uk/>



Free educational resource to support children, young people and adults with mental health.

## *Autism Education Trust*

[www.autismeducationtrust.org.uk](http://www.autismeducationtrust.org.uk)

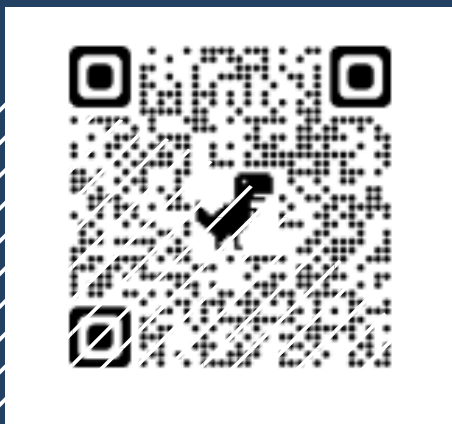


Resources and support for parents and schools for children and young people with autism.

# Information and support for parents and school staff on managing anxiety

(Developed by Kent Educational Psychology Service (KEPS), the PRU, Inclusion and Attendance Service (PIAS) and Early Help.)

Parent and Carer Recorded Webinar:  
<https://youtu.be/SY4Nu48OVrE>



School Staff Recorded Webinar:  
<https://youtu.be/YsG0uM7fGmk>

